

THE SHOP

BREAKFAST..... 7AM - 12PM

Avocado toast
with lemon..... 15

Crossiant
passionfruit, lime & paw paw jam..... 7

Ham & cheese pocket 7.5

Free range bacon & poached egg roll
brown roll, house made chipotle relish, mayo
9.5

Grilled haloumi & poached egg roll
brown roll, leaves, chipotle relish,
mayo..... 9.5

BLT free range bacon, pickles,
tomato, cheddar, leaves
'brown/white' bread..... 14

Japanese scrambled breakfast
miso carrot, avocado, sesame seeds,
nori, soy pepitas, wasabi dressing..... 19

Breakfast bowl
cauliflower rice, house made pickled
cabbage, avocado, zucchini, haloumi, poached
egg, toasted soy pepitas,
sesame seeds..... 19.5

Roasted cherry tomatoes
toasted focaccia, oregano, lemon zest, labne
14

+ salmon..... 8
+ poached egg..... 4
+ bacon..... 6
+ avocado..... 5.5

Scrambled free range eggs,
with sourdough..... 13

Kids brekkie
poached egg or scrambled, toast..... 7

Optional
+ seeded charcoal bread 'gluten free'

Coffee..... 4 /4.5

Wet organic loose leaf chai..... 4.8
+ soy milk 0.5
+ natural almond milk..... 1
+ oat milk..... 1

Organic chai syrup latte 5

Hot Choc..... 5.5

Turmeric & ginger latte..... 5

Earl Grey..... 4.8

Breakfast tea
contains antioxidants..... 4.8

Energise
lemongrass, papaya, ginger, cinnamon..... 4.8

Green sencha & jasmine rose,
rose petals..... 4.8

Restore
echinacea, lemon myrtle, hibiscus,
rosehip..... 4.8

Bloody Mary
vodka, spiced chipotle & tomato juice,
pickled onion, gherkin and bacon..... 20

Fresh OJ 5.5

Cold pressed juice 'No added sugar'
beetroot, cucumber, apple, ginger..... 8.5

Green juice, celery, apple, spinach,
ginger..... 8.5

Sparkling mineral water Gls 5
..... 750ml Btl 10

Organic kombucha lemon myrtle..... 7

Ruby Sparkling Grapefruit..... 5.5

SWEET TREATS

Gluten free brownie w walnuts..... 6

Gluten free orange cake..... 6.5

Pastel de nata 'custard filled delight'.... 6

+1.5%..... CREDIT CARD SURCHARGE

+10%..... SURCHARGE ON TABLES OF 4 OR MORE

+10%..... SURCHARGE ON SUNDAYS & PUBLIC HOLS

THE SHOP

LUNCH..... 12PM- 5PM

The shop beef burger
potato crisps..... 16.5

Haloumi burger
tomato, pickles, grated carrot,
special sauce, potato crisps..... 16
+ bunless optional

SANDWICHES white / brown bread

Meatballs Grass fed beef, Italian
tomato sauce, cheddar, leaves..... 15.5

Gypsy ham Hot mustard, tomato,
cheddar, mustard pickle, leaves..... 13

Tuna Boiled egg, pickles, cucumber,
tarragon, leaves..... 13

BLT Smoked Free range bacon,
pickles, tomato, cheddar, leaves..... 14

Vegetarian Haloumi, cucumber, carrot,
tomato, chilli jam, leaves..... 14

Poached free range chicken
chilli jam, cheddar, leaves..... 13

ADD TO ANY SANDWICH

+ free range bacon..... 4.5
+ poached free range chicken..... 4.5
+ avocado..... 3

SALADS

Italian beef meatball 'GF' parmesan, seasonal
vegetables, avocado, toasted hazelnuts..... 24

Chipotle hot seared chicken tortilla chips, corn
salsa, black beans, peas, avocado..... 23

Poached free range chicken seasonal
vegetables, avocado, roasted hazelnuts,
lentils, yoghurt..... 22

Japanese chop chop carrot, pickled cabbage and
ginger, vegetables, nori, toasted
sesame seeds, soy pepitas, avocado..... 23

Broccoli Apple, avocado, fried shallots,
almonds, zucchini, toasted coconut,
coriander..... 22

ADD TO ANY SALAD

+ Meatball 'each'..... 5.5
+ Tarragon Tuna..... 5
+ Hot smoked salmon 8
+ Poached free range chicken..... 6
+ Haloumi..... 5
+ Pickled cabbage..... 4
+ Boiled egg..... 3
+ Pickled ginger..... 3
+ Hummus..... 3

Coffee..... 4 /4.5

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DINNER..... 5PM- LATE

STARTERS

Potato crisps..... 5
 Marinated olives 6
 Focaccia olive oil..... 7.5
 Brie, guava, olives crackers..... 15
 Antipasto + cheese plate..... 38
 Grilled Haloumi honey, thyme,
 hazelnuts, currants..... 18
 Italian Meatballs
 in sauce, hazelnuts, parmesan, bread..... 15
 Hummus
 seed and nuts, toasted bread..... 13
 Loaded Hummus Meatballs + sauce,
 hazelnuts, toasted seeds, bread..... 19.5
 Roasted cherry tomatoes
 toasted focaccia, oregano, lemon zest, labne
 18

BURGERS

The shop beef burger
 potato crisps..... 16.5
 Haloumi burger
 tomato, pickles, grated carrot,
 special sauce, potato crisps..... 16
 + bunless optional

SALADS

Italian beef meatball 'GF' parmesan, seasonal
 vegetables, avocado, toasted hazelnuts..... 24
 Chipotle hot seared chicken tortilla chips, corn
 salsa, black beans, peas, avocado..... 23
 Poached free range chicken seasonal
 vegetables, avocado, roasted hazelnuts,
 lentils, yoghurt..... 22
 Japanese chop chop carrot, pickled cabbage and
 ginger, vegetables, nori, toasted
 sesame seeds, soy pepitas, avocado..... 23
 Broccoli Apple, avocado, fried shallots,
 almonds, zucchini, toasted coconut,
 coriander..... 22

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THE SHOP

HAPPY HOURS 3PM-6PM

Drinks / Selected wines & beers 7

FIZZ + PET NAT

Ba Ba Rumba Prosecco Glera

Tumbarumba NSW Gls 12 | Btl 60

Moondarra Petillant Natural Chardonnay

Gippsland VIC..... Gls 12 | Btl 65

WHITE

Valentine Riesling

Yarra Valley VIC..... Gls 14 | Btl 65

Gilbert Blanc Pinot Grigio Blend

Orange NSW Gls 12 | Btl 55

Moon Chardonnay

Nagambie Lakes VIC Gls 15 | Btl 70

ORANGE

Balmy Nights (Amber)

Skin-contact Sauvignon Blanc

Hilltops NSW Gls 12 | Btl 55

CHILLED RED

Jilly Wine Co (Milkbar) Shiraz, Chardonnay,

Uva di Troia

New England NSW..... Gls 14 | Btl 65

ROSE

Mercer Rosato (Nebbiolo)

Hilltops NSW..... Gls 12 | Btl 55

RED

Even Keel Pinot Noir

Mornington Peninsula VIC..... Gls 14 | Btl 65

Maker Merchant Master Shiraz

Hunter Valley NSW..... Gls 12 | Btl 55

Montepulciano (Italian Grape)

Central Ranges NSW Gls 12 | Btl 60

Inkwell Infidels Primitivo

McLaren Vale SA..... Gls 13 | Btl 60

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Drinks / Selected wines & beers 7

APERITIF / DIGESTIF

Amaro Montenegro..... 10

Negroni 18

Monkey shoulder

whiskey on the rocks..... 9.5

SPRITZ

Aperol spritz

aperol, prosecco, soda, citrus..... 15

Montenegro spritz..... 16

COCKTAILS

Gin & tonic

fresh lime & cucumber..... 10

Tommy's magharita

tequila, agave, lime juice on ice..... 20

Spicy tommy margarita

jalapeño juice..... 20

Bloody Mary

vodka, spiced chipotle & tomato juice

topped with pickled onion, gherkin and bacon

20

Tequila grapefruit spritz

45ml tequila, lime, sparkling pink

grapefruit..... 18

BEERS

Tsing Tao Lager

China '330ml bottle'..... 9

Stone & Wood Pacific Ale

NSW '330ml bottle'..... 10

Curly Lewis Bondi Hazy Ale

NSW '375ml can'..... 10

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